

# Lisa Crilley Mallis

Impactive Strategies: Coach, Author, and Speaker



## Presentation Topics & Workshops

### ***Achieve More Without Giving Up Your Nights and Weekends***

You are focused, successful and high achieving. You accomplish most of your to-do list each day. Yet, the “big success” is just a little out of reach. It is time to upgrade your capacity building strategies so you can feel a sense of accomplishment each day.

Participants will learn:

- A simple, easy-to-implement 3-step system to **accomplish** important tasks every day, without giving up your nights and weekends
- How to unlock the **secret key** to upgrading your to-do list mastery
- How to increase your **productivity** with less stress

*“Lisa guides you to success every step of the way and the results speak for themselves. In the past few months, my work output has increased dramatically all while working 4 days instead of 6 each week.”*

**Hugh Liddle, THE Sales Wizard, Red Cap Sales Coaching**

### ***Escape the Overcommitted Trap: Focus on Your Priorities Without Feeling Guilty in 3 Easy Steps***

You find yourself saying “yes” to everyone else, and your own goals are getting lost in the shuffle. You are frustrated that YOUR to-do’s keep getting squeezed out each week, keeping you from accomplishing all of YOUR goals. Your plate is full, because, let’s face it, busy people get things done! Yet, you are being to feel the pull.

Participants will:

- Learn the red flags that lead to being **overcommitted** and create a plan to upgrade your results
- Discover proven strategies to effortlessly **prioritize** and so you don’t rewrite your to-do’s over and over again
- Create a personalized plan to **“Say No”** without feeling guilty

*“WOW—it seems so simple now! Entertaining AND practical!” - Sandy Brayer, Medina, OH*

### ***When Time Management Isn’t Enough: 3 Steps to Build Your Capacity***

You are motivated, successful and high achieving, yet the “big success” is just a little out of reach. What you want is to be able to maximize your efforts each and every day by building your capacity. You want to achieve more with less effort, without giving up your nights and weekends. Participants will learn:

The new definition of productivity

- ◀ An easy-to-implement and highly effective 3-step system to increase your capacity
- ◀ A simple system for smart business owners who need to stop over-committing themselves

Keynotes | Presentations | Workshops | Board Retreats | All Day Events | Lunch & Learns

**Schedule Now:** 440. 537.3811 or [Lisa@ImpactiveStrategies.com](mailto:Lisa@ImpactiveStrategies.com)

***You can live a life where every day is productive, rewarding, and fun!***

***You Can't Go Wrong! "With Lisa's help I developed a plan for each day that keeps me on task and achieving my goals to build my business. You will be amazed at how well she can bring out the best in you and help you achieve your goals."***

**Eileen Adkins, Rightsizing Specialist, 'Leen On Me Organizing**

### ***Recent Presentations***



- ICF (International Coach Federation) Los Angeles Chapter
- NAWBO (National Association of Women Business Owners) Cleveland Chapter
- Red Key Network
- LGAAR (Lake and Geauga Area Association of Realtors)
- Public Relations Society of America — Akron Area Chapter
- Professional Women's Connection
- Greater Akron Chamber of Commerce KNOW (Knowledgeable Network of Women)
- Fostering Entrepreneurial Business Education—Lorain Community College
- Pink Petro TV
- Ohio Means Jobs — Geauga County
- Cleveland Metropolitan Bar Association Women In Law
- NAPO (National Association of Professional Organizers) Virtual Chapter
- Dress for Success — Cleveland
- Kent State University — Geauga Campus
- Destination Geauga Annual Meeting

***"Our project became manageable when we stopped thinking of it as one insurmountable step, and broke it down into 'do-able' chunks. Great presentation!" - Lynda Nemeth, Director of Destination Geauga***

Lisa Crilley Mallis is a certified coach, author, and speaker. She works with focused, successful business owners who are overcommitted and still want to achieve more.

For over 15 years, Lisa has provided customized, real solutions to everyday challenges, allowing her clients to accomplish more in less time, while still enjoying their lives. She delivers motivating keynote speeches, leads dynamic and engaging workshops, and creates results oriented coaching programs.

Lisa lives in Chagrin Falls, Ohio with her husband Lou and his dog, Neuton. She loves chocolate, the beach, and country music.

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